



# Tourist Info points

## Tenerife

### South

#### Costa Adeje

Open: Mon-Sun 10am-5pm  
Playa de Troya:  
Avda Rafael Puig 1

#### Playa Fañabé:

Avda Litoral

#### Arona

Open Mon-Fri 9am-9pm  
Sat 9am-3.30pm

#### Playa de las Américas:

CC City Center  
Tel: 922 797 668

#### Playa de Las Vistas:

Paseo Marítimo s/n  
Tel: 922 787 011

#### Los Cristianos:

Cultural Centre  
Tel: 922 757 137

#### Las Galletas:

Paseo Marítimo Dionisio  
Gonzalez Delgado  
Tel: 922 730 133  
Mon-Fri 9am-9pm

#### Golf del Sur:

Avda Galván Bello s/n  
Tel: 922 73 86 64  
Open Mon-Fri 9am-11.30am and 12 noon to 5.30pm  
Sat 9.30am-1.30pm

#### Santiago del Teide

CC Seguro el Sol  
(in front of Playa de la Arena)  
c/ Manuel Ravelo, 20,  
Local 35  
Tel: 922 86 03 48  
Open Mon-Fri 9.30am-3.30pm  
Sat 9.30am-12.30pm

#### Granadilla de Abona

Tenerife South Airport  
(arrivals)  
Tel: 922 39 20 37  
Open Mon-Fri 9am-9pm  
Sat 9am-1pm

#### El Médano

Plaza de los Príncipes de España  
Tel: 922 176002  
Open Mon-Fri 9am-3pm  
(winter)  
9am-2pm (summer)  
Sat 9am-1pm

## North

#### Santa Cruz

Plaza de España  
Tel: 922 289394  
Fax: 922 284965

#### Open:

Mon-Fri 9am-6pm  
Sat 9am-1pm  
(to 5pm and 12 noon  
respectively, July, Aug & Sept)

#### Free city guides

Mon-Sat from the kiosk at 11am

#### La Laguna

C/ Carrera, 7º  
(Casa Alvarado Bracamonte)  
Tel: 922 631 194  
Open Mon-Fri 9am-5pm  
Weekends 9am-3pm



Infoturismo  
Tenerife  
902 00 31 21

## Tenerife North Airport

Tel: 922 635192  
Open Mon-Fri 8am-9pm  
Weekends 9am-5pm

## Puerto de la Cruz

Casa de la Aduana  
C/Las Lonjas s/n  
Tel: 922 38 60 00  
Open Mon-Fri 9am-8pm  
Weekends 9am-5pm

## La Palma

## Santa Cruz de La Palma

C/O'Daly, 22  
Tel: 922 412106

## La Gomera

## San Sebastián

C/Del Medio, 20  
Tel: 922 141512

## Valle Gran Rey

Tel: 922 805458

## Hermigua

Tel: 922 144101

## El Hierro

## Valverde

Tel: 922 550302

## Gran Canaria

## Las Palmas

Parque Santa Catalina  
Tel: 928 219600

## Playa del Inglés

Avda de España  
Tel: 928 771550

## Lanzarote

## Arrecife

Parque Municipal s/n  
Tel: 928 801517

## Puerto del Carmen

Avda de las Playas  
Tel: 928 515337

## Fuerteventura

## Puerto del Rosario

Avda 1 de Mayo, 33  
Tel: 928 851024



**TENERIFE**  
www.webtenerifeuk.co.uk



EXCMO. AYUNTAMIENTO DE  
SAN CRISTÓBAL DE  
**LA LAGUNA**  
www.aytolalaguna.com/  
ayto/



**GranCanaria**  
www.grancanaria.com

## Post Office

## Prices

### Spain & Canary Islands

**0.20 gr.**  
Normal 0.32 €/ Urg. 2.38 €  
Large 0.39 €/ Urg. 2.46 €  
**21-50 gr.**  
Normal 0.43 €/ Urg. 2.55 €

### EU

**0.20 gr.**  
Normal 0.62 €/ Urg. 2.76 €  
Large 1.07 €/ Urg. 3.58 €  
**21-50 gr.**  
Normal 1.29 €/ Urg. 3.79 €

### Rest of World

**0.20 gr.**  
Normal 0.78 €/ Urg. 3.10 €  
Large 1.38 €/ Urg. 3.90 €  
**21-50 gr.**  
Normal 1.66 €/ Urg. 4.15 €

# Useful Numbers

## Airports 902 404704

Tenerife South	922 759200
Tenerife North	922 635635
La Palma	922 426100
La Gomera	902 404 704
El Hierro	922 553700
Gran Canaria	928 579000
Lanzarote	928 846000
Fuerteventura	928 860500

Flight information:  
[www.aena.es](http://www.aena.es)

## Maritime Rescue & Safety

Santa Cruz	900 202202
Las Palmas	928 467757

## Emergency

# DIAL 112

Emergency  
Single emergency line

080

FIRE BRIGADE

092

LOCAL POLICE

091

NATIONAL POLICE

062

GUARDIA CIVIL

016

DOMESTIC VIOLENCE

Missing Children > 116000

## Consulates

### TENERIFE

#### United Kingdom

British Consulate  
Plaza Weyler, No. 8,  
1st Floor - 38003  
Santa Cruz de Tenerife  
Office Hours: Mon-Fri  
8:30am to 1:30pm  
Tel.: +34 922 28 68 63  
Fax: +34 922 28 99 03  
tenerife.enquiries@fco.gov.uk  
www.ukinspain.com

24-Hour Emergency Service  
Out of office hours the Consulate telephone number (+34 922 28 68 63) provides details of how to contact a duty officer in an emergency.

#### Ireland

Honorary Consul of Ireland  
Calle de Castillo 8, 4th Floor  
38002 Santa Cruz  
Tel: +34 922 245 671  
922 245 035  
Fax: +34 922 249 957  
jimken@eresmas.com

#### India

Honorary Consul of India  
Villalba Hervas 15, 1st Floor  
PO Box 336, 38002  
Santa Cruz de Tenerife  
Office Hours: Mon-Fri  
9:30am to 2pm  
Tel.: +34 922 24 35 03  
922 24 14 16  
Fax: +34 922 28 97 55.  
gopemahanti@wanadoo.es

### GRAN CANARIA

#### United Kingdom

British Consulate  
Calle Luis Morote 6, 3rd  
Floor-E-35007 Las Palmas.  
Office Hours: Mon-Fri  
8:30am to 1:30pm  
Tel.: +34 928 262 508  
Fax: +34 928 267 774  
laspalmas.consulate@fco.gov.uk  
www.ukinspain.com

This office also covers  
Fuerteventura and Lanzarote  
(please check website for  
dates of consular visits and  
how to arrange appointments).

24-Hour Emergency Service  
Out of office hours the Consulate telephone number (+34 928 262 508) provides details of how to contact a duty officer in an emergency.

#### Ireland

Honorary Consul of Ireland.  
León y Castillo 195, 1st Floor  
on right, 35004 Las Palmas.  
Tel: +34 928 29 77 28  
Fax: +34 928 29 77 28  
consuladoirlanda@step.es

## LANZAROTE & FUERTEVENTURA

### United Kingdom

A consular officer makes routine visits to the islands and is available to meet anyone who wishes to call for assistance and advice.

**Fuerteventura.** The consular officer will be available in Hotel Atlantis Palace, Corralejo.

**Lanzarote.** The consular officer will be available during the day in the lounge of Hotel Los Fariones in Puerto del Carmen.

Honorary Consul for Lanzarote, Susan Thain, will also be available to offer consular assistance to British Nationals. Please call the Consulate in Gran Canaria (+34) 928 26 25 08 for information and appointments.

#### Ireland

Honorary Vice Consul of Ireland  
C/ Ginés de Castro Alvarez  
12, 3B./ 35500  
Arrecife, Lanzarote  
Tel: +34 928 815262  
Fax: +34 928 802200

## Island Transport

### Maritime

#### Fred Olsen

www.fredolsen.es  
info: 902 100 107

#### Naviera Armas

www.naviera-armas.es  
info: 902 456 500

#### Acciona

www.trasmediterranea.es  
info: 902 454 645

### Air-transport

#### Binter Canarias

www.bintercanarias.com  
info: 902 391 392

#### Islas Airways

www.islasairways.com  
info: 902 477 478

## Good Luck

Why not have a flutter on one of Spain's popular lotteries? Look out for the ONCE kiosks, or the Loterías y Apuestas del Estado shops, and good luck!



## Temperature Conversion Chart

C°	F°	C°	F°
11	52	26	79
12	54	27	81
13	55	28	82
14	57	29	84
15	59	30	86
16	61	31	88
17	63	32	90
18	64	33	91
19	66	34	93
20	68	35	95
21	70	36	97
22	72	37	99
23	73	38	100
24	75	39	102
25	77	40	104

## Useful Phrases

# Numbers

# Números

<b>Cero</b>	Zero	<b>Diecisiete</b>	Seventeen
<b>Uno/uno</b>	One (f/m)	<b>Dieciocho</b>	Eighteen
<b>Dos</b>	Two	<b>Diecinueve</b>	Nineteen
<b>Tres</b>	Three	<b>Veinte</b>	Twenty
<b>Cuatro</b>	Four	<b>Veintiuno</b>	Twenty-one
<b>Cinco</b>	Five	<b>Veintidós</b>	Twenty-two
<b>Seis</b>	Six	<b>Treinta</b>	Thirty
<b>Siete</b>	Seven	<b>Treinta y uno</b>	Thirty-one
<b>Ocho</b>	Eight	<b>Cuarenta</b>	Forty
<b>Nueve</b>	Nine	<b>Cincuenta</b>	Fifty
<b>Diez</b>	Ten	<b>Sesenta</b>	Sixty
<b>Once</b>	Eleven	<b>Setenta</b>	Seventy
<b>Doce</b>	Twelve	<b>Ochenta</b>	Eighty
<b>Trece</b>	Thirteen	<b>Noventa</b>	Ninety
<b>Catorce</b>	Fourteen	<b>Cien</b>	A (one) hundred
<b>Quince</b>	Fifteen	<b>Ciento uno</b>	A hundred and one
<b>Dieciséis</b>	Sixteen	<b>Ciento diez</b>	A hundred and ten

## Lost or stolen handbag/wallet

Compared with many other countries, the Islands thankfully have very little theft, but there are bad apples everywhere.

## Expert Advice

It is better to bring a little local currency and the rest in traveller's cheques. Make sure you have a copy of the number of your cheques and your credit card numbers and expiry dates. The list should be kept separate from your cards and cheques and it is best to leave a copy with a third party or filed in your email account.

If you are staying in a hotel, try to make sure that credit cards and important documents such as your return tickets and passports are kept in a safe, only take the bare minimum with you when you leave your apartment or hotel. If you need to carry a lot of cash spread it between you and your partner or the members of your group. Only have a small amount of cash in your wallet which should be in an inside pocket. Carry the rest in a secure money

belt. Only take one credit card out with you at a time. Do not leave valuables on table tops in bars or restaurants; do not hang bags on the backs of chairs. Handbags are best carried crosswise across the body.

Do not leave valuables on the beach while you go for a dip. Cover your hand if you use a cash machine, do not leave your PIN number anywhere near your credit card and don't let your card out of your sight when paying in any establishment.

If you do have the bad luck to lose your wallet, purse or handbag, cancel your credit cards and traveller's cheques immediately. The emergency number necessary to do this is normally on the card you have had stolen, so either make a note of it beforehand or check the British Embassy in Madrid's website where all bank emergency numbers are listed, ukinspain.fco.gov.uk.

Make a list of everything that has gone missing and report the loss or theft at the local police, national police or civil guard station. Be aware that they crack down heavily on false claims and are extremely good at sniffing them out.

You will have to have the number on the crime report if you want to claim off your insurance. Embassy representatives cannot give you money they can only contact your family or friends so that you can have some sent out by Western Union.

