

## Health Directory

### Hospitals

**HOSPITAL LA CANDELARIA**  
Carretera Del Rosario  
145 Santa Cruz de Tenerife  
Tel : 922 602 000  
hospitaldelacandelaria.com

**HOSPITAL UNIVERSITARIO**  
Carretera Cuesta-Taco  
San Cristobal de La Laguna (Tenerife),  
Tel: 922 678 000  
huc.es

**HOSPITEN SUR**  
Playa de Las Américas  
Arona-Tenerife  
Tel.: 922 75 00 22.  
Fax: 922 79 36 18

**HOSPITEN BELLEVUE**  
C/ Alemanía, 6  
Urb. San Fernando.  
Puerto de la Cruz  
Tel.: 922 38 35 51  
Fax: 922 37 03 12

**HOSPITEN TAMARAGUA**  
C/ Agustín de Bethencourt, 30  
Puerto de la Cruz  
Tel.: 922 38 05 12  
Fax: 922 38 08 50

**HOSPITEN RAMBLA**  
Address: Rambla General Franco, 115.  
38001 Santa Cruz de Tenerife.  
Tel.: 922 29 16 00. Fax: 922 29 10 88

**HOSPITAL SAN JUAN DE DIOS.**  
Ctra. Gral. del Norte,  
53. Santa Cruz.  
Tel : 922 64 55 11  
Fax: 922 64 93 52

### Hospitals

**COSTA ADEJE HOSPITAL**  
English Spoken  
Urb. San Eugenio.  
Edif Garajonay Adeje  
• Appointment  
Tel: 922 792 400  
• Emergency & Ambulance  
Tel: 922 791 000  
www.uspcostaadeje.com

### Health

**DOCTOR DE LA FLOR**  
Family medicine,  
home or hotel visits  
Calle Tinerfe El Grande 9, Adeje  
**697 888 666 (Doctor)**  
**637 245 270**

**EXCELLENT MEDICAL**  
Personalised medical service, more than 20 prestigious specialists, complete health & beauty care.  
**Tel: 922 737 560**

**DIAL 112**  
Emergency

### Mobility

**ORTOPEDIA**  
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English spoken  
Ctra. Gral. Orotava-Icod 41° La Mancha.  
**Tel: 922 812 807**

**LE RO**  
Mobility Holidays  
Professional medical care.  
Mobility rental Equipment.  
Repair Service.  
Avda. Amsterdam  
Edi. Mary Sol  
Los Cristianos  
**Tel: 922 750 289**  
www.lero.net

### Physiotherapy

**PHYSIOTHERAPIST / OSTEOPATH**  
Officially registered N°967  
Philippe Hoogstoel  
Home visits  
Tel: 677 818 661  
English, Spanish, French, German spoken

### Emergency

**080 FIRE BRIGADE**  
**092 LOCAL POLICE**  
**091 NATIONAL POLICE**  
**062 GUARDIA CIVIL**  
**016 DOMESTIC VIOLENCE**

### Health

**CLÍNICA BARAJAS HEARING AID**  
Assessments without obligation. Name brand hearing aids.  
English speaking personnel  
**Los Cristianos**  
922 790 563  
**Santa Cruz**  
922 275 488

**BELISSIMA**  
Osteopathy, acupuncture, Reiki, reflexology, chiropody and holistic massage  
• Sports Centre Los Gigantes.  
**Tel: 922 867 343**  
• San Eugenio Alto (next to Roy's Pizza)  
**Tel: 922 719 355**

### Hospitals

**COSTA ADEJE HOSPITAL**  
• Emergency & Ambulance  
**922 791 000**

### Gynaecology

**DR MICHAEL THEIS**  
Calle La Hoya 55  
Puerto de la Cruz  
In the south on Saturdays at Hospital Las Americas  
**Tel 922 370897**  
*Specialist in gynaecology*

**DIAL 112**  
Emergency

### Health

**TENERGIE CLINIC**  
Aesthetics Medicine  
Dentistry.  
Personalised Programmes.  
CC D. Antonio.  
C/Juan XXIII -19°.  
Los Cristianos  
**Tel: 922 796 634**

**5ELEMENTOS**  
Feng-Shui / Chinese Astrology / Nutrition.  
Consultations on the spot, holistic health check, nutrition consultation  
Roger & Daniela  
628 012 987.  
www.5-elementos.com

**Missing Children**  
**116000**

### Spa

**AQUA CLUB TERMAL**  
www.aquaclubtermal.com  
C/ Galicia (Torviscas Alto) S/N  
38660 Adeje  
**Tel: 922 716 555**

 **Instituto Europeo de Implantología Dental**  
Dr. Denis CHANUT

We look after your dental health and are offering free bacteria testing with painless elimination in only ten minutes (value €100). Please ask for Mandy to make an appointment.



**Dental Surgery, Implants and Periodontics**

**South:** C/ Amalia Alayón, 11, 1º D, Los Cristianos. Tel. 922 78 83 28  
**North:** Plaza del Charco 6, 2º floor, Puerto de la Cruz. Tel. 922 38 13 47

**DENTAL CLINIC FAÑABÉ PLAZA**



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C.C. Fañabé Plaza, Avda. Bruselas 2nd floor (in front of Hotel Jacaranda)  
Playa Fañabé, Costa Adeje, Tenerife Sur  
Tel: 922 714 225 • Fax: 922 724 130 • www.clinicadentalfanabepalaza.com

**5 elements life coaching**  
Daniela Herzberg & Roger Keller  
**www.5-elementos.com**

Feng Shui, Chinese Astrology, Nutrition, Qi Gong. On the spot consultations, holistic health checks, nutrition consultations, individual classes all using traditional Chinese methods.

For more information, contact: Daniela  
Phone +34 650 830 506 - daniela@5-elementos.com

### Counselling

**Alcoholics Anonymous (AA) South:**  
Monday, Wednesday, Thursday and Saturday at 5.45pm, Friday at 11.45am. 1st Floor Apolo Centre, Los Cristianos (next to bus terminal).  
**630 478 448 (24 hrs).**

**ORTOPEDIA**  
sánchez qijón

**Specialist shop for your orthopaedic needs**  
**We speak English**  
Carretera Gral. Orotava-Icod, 41 bajo. La Mancha (38430) Icod de Los Vinos  
**Tel. 922 812 807 / 121 804**  
**Fax: 922 812 911**

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- >> English speaking personnel
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**Los Cristianos: Policlínica Spreafico**  
Edificio Simón, local 1. Tel: 922 79 05 63  
**Santa Cruz: Clínica Barajas**  
C/ Pérez de Rozas, 8. Tel: 922 27 54 88



**Clínica Estética Dental**  
Centro Implantológico

- Specialist in implantology since 1980
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- Highest quality combined with optimal aesthetics
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Urb. Miraverde, HLS - Center, 1ª Planta Derecha, Costa Adeje