



Wine tasting

A DATE FOR YOUR DIARY



GRUPO BARÓN DE LEY

there is a very comprehensive wine list to choose from which includes both French and Spanish wines.

One of the wines on their list comes from the Cigales region which is in the centre of the north of Spain, its an area where very few crops can grow because the summers are very dry and hot and winters are harsh and cold. Museum Real is made from vines that have an average age of seventy years. When the great Rioja house Baron de Ley bought this property back in the 1990's the vines in Cigales had never received any great level of investment.

Now that has all changed, Museum Real Reserva is made from the Tempranillo grape, called Tinto del País. The vines are located at an altitude of 800 metres, and the wine is aged in new French oak casks for 24 months and a further 18 months in bottle.

Talk to Frederic about the wines they stock as I am sure he will be able to recommend one to suit your palate.

To contact the restaurant call either 922 740825 or mobile 638962024 or 636336154.

Principality of Monaco, which has an estimated population of 33,000 people. Prince Albert the second is the head of State. The Grimaldis have ruled Monaco since 1297. Despite being independent Monaco's defence is the responsibility of France. Monaco is the second smallest country in the world, and is home to the famous Monte Carlo Casino, though you may be surprised to know that the citizens of Monaco are not allowed to gamble there.

Frederic is from Paris, and as I am sure many of you have been to Paris on many occasions I will not attempt to go there now. However whilst living in the city Frederic was an events organiser and worked with many big international companies organising all sorts of different promotions and marketing opportunities.

They have employed as their chef Miguel González who comes from Barcelona. Miguel has lived and worked here in Tenerife for more than twenty years and brings a wealth of international cooking experiences to the kitchen. The menus are European with wonderful flavours and combinations and also reflect the Spanish training he had as a young man.

The restaurant is open seven days a week for lunch and dinner, however as they run a special Wednesday evening menu with entertainment, they close on Wednesday lunch time. The Wednesday evening specials include flamenco dancing, tapas and dancing, music with a specific theme etc., and all are accompanied with a set price dinner normally between €25 and €29. This price does not include wine or drinks but

We are hosting a wine tasting on February 25th, 2010.

Those of you who remember the wine tastings Vivienne and I ran up to five years ago will, I am sure, look back on them with fond memories. Well the good news is that we will be holding another tasting on the 25th February at the restaurant La Muse Vin which is in Marazul Del Sur, Boca Cangrejo Bajo, Adeje.

As we used to do in the past, there will be a drink on arrival, followed by a meal, with the wine we will be tasting served during the starters, a half bottle of wine

per person will be served with the main course. The cost of this wonderful evening will be € 29. We will taste wine from different countries.

If we get enough enquiries we may be able to run a coach, from a number of pick-up points to Marazul and back. If you are interested in booking a place or getting a table together then please ring Vivienne on either 922 857167 or on her mobile 670014320. Numbers will be limited so it will have to be on a first come first booked basis.

The La Muse Vin restaurant is in a beautiful location

and has recently been taken over by Mariela, Catherine and Frederic. Mariela comes from Uruguay, officially known as the Oriental Republic of Uruguay, it's located in the South Eastern part of South America and is home to about 3.3 million people of whom 1.1 million live in the capital Montevideo and it's suburbs.

An estimated 88 per cent of the population are of European descent. The word Uruguay comes from the Guarani language and means 'river where the painted birds live'.

Catherine comes from the

Puerto de la Cruz

Hotel Botanico wine therapy

Good for you

It's wonderful when two excellent service providers come together to create a new idea that benefits the public in some many ways.

The Oriental Spa Garden del Hotel Botánico in Puerto de la Cruz have just introduced a series of wine-therapy treatments in conjunction with the Tacoronte-Acentejo wine route and the Bodega El Lomo, promoting the multitude of benefits that can be gained from the wines of

the island. Wine therapy is already hugely popular in other wine regions such as France, Germany and in the

Spanish peninsula such as la Rioja, Ribera del Duero and Galicia, with many bodegas going a step further and installing spas to enhance the offer, but it is the first time it has been here in Tenerife.

Find out more by calling The Oriental Spa Garden on 922 389505.



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