

Health Directory

Hospitals

HOSPITAL LA CANDELARIA
Carretera Del Rosario
145 Santa Cruz de Tenerife
Tel : 922 602 000
hospitaldelacandelaria.com

HOSPITAL UNIVERSITARIO
Carretera Cuesta-Taco
San Cristobal de La Laguna (Tenerife),
Tel: 922 678 000
huc.es

HOSPITEN SUR
Playa de Las Américas
Arona-Tenerife
Tel.: 922 75 00 22.
Fax: 922 79 36 18

HOSPITEN BELLEVUE
C/ Alemanias, 6
Urb. San Fernando.
Puerto de la Cruz
Tel.: 922 38 35 51
Fax: 922 37 03 12

HOSPITEN TAMARAGUA
C/ Agustín de Bethencourt, 30
Puerto de la Cruz
Tel.: 922 38 05 12
Fax: 922 38 08 50

HOSPITEN RAMBLA
Address: Rambla General Franco, 115.
38001 Santa Cruz de Tenerife.
Tel.: 922 29 16 00. Fax: 922 29 10 88

HOSPITAL SAN JUAN DE DIOS.
Ctra. Gral. del Norte,
53. Santa Cruz.
Tel : 922 64 55 11
Fax: 922 64 93 52

Hospitals

COSTA ADEJE HOSPITAL
English Spoken
Urb. San Eugenio.
Edif Garajonay Adeje
• Appointment
Tel: 922 792 400
• Emergency & Ambulance
Tel: 922 791 000
www.uspcostaadeje.com

Health

DOCTOR DE LA FLOR
Family medicine,
home or hotel visits
Calle Tinerfe El Grande 9, Adeje
697 888 666 (Doctor)
637 245 270

EXCELLENT MEDICAL
Personalised medical service, more than 20 prestigious specialists, complete health & beauty care.
Tel: 922 737 560

DIAL 112
Emergency

Mobility

ORTOPEDIA
Specialist shop for orthopaedic needs.
English spoken
Ctra. Gral. Orotava-Icod 41° La Mancha.
Tel: 922 812 807

Hospitals

COSTA ADEJE HOSPITAL
• Emergency & Ambulance
922 791 000

Physiotherapy

PHYSIOTHERAPIST / OSTEOPATH
Officially registered N°967
Philippe Hoogstoel
Home visits
Tel: 677 818 661
English, Spanish, French, German spoken

Emergency

080 FIRE BRIGADE
092 LOCAL POLICE
091 NATIONAL POLICE
062 GUARDIA CIVIL
016 DOMESTIC VIOLENCE

Missing Children > 116000

Health

CLÍNICA BARAJAS HEARING AID
Assessments without obligation. Name brand hearing aids.
English speaking personnel
Los Cristianos
922 790 563
Santa Cruz
922 275 488

BELLISSIMA
Osteopathy, acupuncture, Reiki, reflexology, chiropraxy and holistic massage
• Sports Centre Los Gigantes.
Tel: 922 867 343
• San Eugenio Alto (next to Roy's Pizza)
Tel: 922 719 355

ZENZI
Laser hair removal, and Beauty Centre
CC El Camison, local 53, Playa de las Americas
Tel: 922 798587

Gynaecology

DR MICHAEL THEIS
Calle La Hoya 55
Puerto de la Cruz
In the south on Saturdays at Hospital Las Americas
Tel 922 370897
Specialist in gynaecology

DIAL 112
Emergency
Single emergency line

Health

TENERGIE CLINIC
Aesthetics Medicine
Dentistry.
Personalised Programmes.
CC D. Antonio.
C/Juan XXIII -19°.
Los Cristianos
Tel: 922 796 634

5ELEMENTOS
Feng-Shui / Chinese Astrology / Nutrition.
Consultations on the spot, holistic health check, nutrition consultation
Roger & Daniela
628 012 987.
www.5-elementos.com

Missing Children
116000

Spa

AQUA CLUB TERMAL
www.aquaclubtermal.com
C/ Galicia (Torviscas Alto) S/N
38660 Adeje
Tel: 922 716 555

DENTAL CLINIC FAÑABÉ PLAZA



Sedation with gas: all treatments are pain free · White Fillings & implants · Whitening with Laser, only one appointment · First visit to Orthodontist, Dentist and Maxillofacial Surgeon **FREE** · In-house laboratory

Emergency Phone Line (for Bank Holidays & Weekends): 687 744 225

C.C. Fañabé Plaza, Avda. Bruselas 2nd floor (in front of Hotel Jacaranda)
Playa Fañabé, Costa Adeje, Tenerife Sur
Tel: 922 714 225 • Fax: 922 724 130 • www.clinicadentalfanabepalaza.com

Instituto Europeo de Implantología Dental
Dr. Denis CHANUT

We look after your dental health and are offering free bacteria testing with painless elimination in only ten minutes (value €100). Please ask for Mandy to make an appointment.

Dental Surgery, Implants and Periodontics

South: C/ Amalia Alayón, 11, 1º D, Los Cristianos. Tel. 922 78 83 28
North: Plaza del Charco 6, 2º floor, Puerto de la Cruz. Tel. 922 38 13 47

5 elements life coaching
Daniela Herzberg & Roger Keller
www.5-elementos.com

Feng Shui, Chinese Astrology, Nutrition, Qi Gong. On the spot consultations, holistic health checks, nutrition consultations, individual classes all using traditional Chinese methods.

For more information, contact: Daniela
Phone +34 650 830 506 - daniela@5-elementos.com

Counselling

Alcoholics Anonymous (AA) South:
Monday, Wednesday, Thursday and Saturday at 5.45pm, Friday at 11.45am. 1st Floor Apolo Centre, Los Cristianos (next to bus terminal).
630 478 448 (24 hrs).

ORTOPEDIA
sánchez qijón
Specialist shop for your orthopaedic needs
We speak English
Carretera Gral. Orotava-Icod, 41 bajo. La Mancha (38430) Icod de Los Vinos
Tel. 922 812 807 / 121 804
Fax: 922 812 911

Dictionary

Looking for health care
Buscando asistencia sanitaria

I need a doctor / dentist / midwife
Necesito un médico / dentista / matrona

Where is the nearest hospital/doctors' surgery / dentists / out of hours chemist?

¿Dónde es el hospital / clínica / dentistas / farmacia de guardia más cercano?

Can I get treatment on the national health here?

¿Puedo recibir atención aquí por la Seguridad Social?

Please call an ambulance.
Por favor llama una ambulancia

Documents needed

Be aware that to receive medical attention in Spain you will need to present identification, residence certificate and passport for residents and a passport for visitors.

In addition visitors should present their European Health Insurance Card for emergency health care at a Social Security Hospital. Private hospitals will not accept the EHIC and will ask you to pay for your treatment or provide

adequate insurance. Please make sure you are aware whether or not the service you need provides care under the Social Security system, before you sign to accept anything.

Residents in Spain will be expected to show their Health Card (tarjeta sanitaria) to gain access to full health care at Social Security hospitals.

If you are not eligible for a Social Security Health Card, you must ensure you have adequate private insurance.

Clínica Estética Dental Centro Implantológico

- Specialist in implantology since 1980
- Founder member of the German Society of Implantology (DGI)
- Highest quality combined with optimal aesthetics
- Masters degree in Oral Implantology
- More than 7500 implants inserted successfully in over 29 years



A professional multilingual team awaits you

Tel / Fax 922 71 53 07 - www.kutniak.com
Urb. Miraverde, HLS - Center, 1ª Planta Derecha, Costa Adeje