

BBC one

- 6:00 Breakfast
- 8:30 The Andrew Marr Show
- 9:30 Great North Run 2014
- 12:00 BBC News
- 12:10 F1: Grand Prix
- 3:30 Escape to the Country
- 4:30 The Great British Bake Off
- 5:30 Songs of Praise
- 6:05 Deadly on a Mission: Pole to Pole
- 6:35 BBC News
- 6:50 BBC London News
- 7:00 Countryfile
- 8:00 Strictly Come Dancing
- 9:15 The Village
- 10:15 BBC News
- 10:35 BBC London News
- 10:40 The Secrets
- 11:10 21 Up New Generation

FIVE

- 7:10 Ollie the Little White Van
- 7:15 Bananas in Pyjamas
- 7:30 Make Way for Noddy
- 7:40 City of Friends
- 7:50 Milkshake Monkey
- 8:00 Little Princess
- 8:10 The Adventures of Bottle Top Bill and His Best Friend Corky
- 8:20 Milkshake! Bop Box
- 8:25 Wanda and the Alien
- 8:40 Bert and Ernie's Great Adventures
- 8:45 Rupert Bear
- 8:55 Milkshake! Show Songs
- 9:00 Ben and Holly's Little Kingdom
- 9:15 Jelly Jamm
- 9:30 LazyTown
- 10:00 Access
- 10:10 Police Interceptors
- 1:15 Lassie
- 3:05 The Shaggy Dog
- 5:05 Disney's Snow Dogs
- 6:55 5 News Weekend
- 7:00 Cricket on 5
- 8:00 World's Worst Disasters
- 9:00 Celebrity Big Brother
- 10:00 Abduction
- 12:10 Closing Time: Newcastle After Dark

BBC TWO

- 7:00 Countryfile
- 8:00 Monty Don's Italian Gardens
- 9:00 Gardeners' World
- 9:30 The Beechgrove Garden
- 10:00 Saturday Kitchen Best Bites
- 11:30 Paul Hollywood's Pies and Puds
- 12:00 Athletics
- 2:30 Bargain Hunt
- 3:00 Equestrian
- 6:00 Athletics
- 6:45 Porridge
- 7:15 Flog It!
- 8:15 Countdown to the Invictus Games
- 9:15 The Two Amigos: A Gaucho Adventure
- 10:15 Him and Her
- 10:45 Sex and Drugs and Rock and Roll
- 12:35 Treacle Jr.

4

- 7:10 Happy Endings
- 7:35 Happy Endings
- 8:00 Happy Endings
- 8:30 How I Met Your Mother
- 9:00 Melissa and Joey
- 9:30 Melissa and Joey
- 10:00 Hollyoaks Omnibus
- 12:30 Made in Chelsea NYC
- 1:30 How I Met Your Mother
- 2:30 Suburgatory
- 3:00 The Mindy Project
- 3:30 New Girl
- 4:00 The Big Bang Theory
- 5:00 The 100
- 6:00 Rude(ish) Tube
- 6:55 Big
- 9:00 Made in Chelsea NYC
- 10:00 Almost Royal
- 10:35 The Big Bang Theory
- 11:30 Virtually Famous
- 12:20 Rude Tube

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- 7:00 Sooty
- 7:10 Nerds and Monsters
- 7:25 Nerds and Monsters
- 7:40 Mr. Bean
- 7:55 Chowder
- 8:10 Chowder
- 8:25 ITV News
- 8:30 Weekend
- 9:25 Dickinson's Real Deal
- 10:30 Carry on Camping
- 12:10 ITV News and Weather
- 12:15 The Unforgettable...
- 12:45 The X Factor
- 2:00 Cycling
- 5:00 Long Lost Family
- 6:00 You've Been Framed!
- 6:30 ITV News London
- 6:45 ITV News and Weather
- 7:00 Coronation Street
- 8:00 The X Factor
- 9:05 The Suspicions of Mr Whicher
- 11:00 ITV News and Weather
- 11:15 Rugby Highlights
- 12:15 The Story

GOLD

- 7:20 'Allo, 'Allo!
- 8:40 Harry Hill's TV Burp
- 9:10 Harry Hill's TV Burp
- 9:40 The Fall and Rise of Reginald Perrin
- 11:00 Just a Minute
- 11:40 Keeping Up Appearances
- 1:00 Only Fools and Horses
- 2:40 'Allo, 'Allo!
- 3:20 'Allo, 'Allo!
- 4:00 Jeeves and Wooster
- 5:10 Jeeves and Wooster
- 6:20 Porridge: Inside Out
- 7:20 Only Fools and Horses
- 9:00 The Royle Family
- 10:20 Early Doors
- 11:00 The League of Gentlemen
- 11:40 Nighty Night
- 12:20 Marion and Geoff
- 12:35 Human Remains

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- 6:45 Emmerdale Omnibus
- 9:35 Coronation Street Omnibus
- 12:00 America's Got Talent
- 1:50 America's Got Talent
- 2:40 Casper
- 4:35 The X Factor
- 5:50 The Xtra Factor
- 6:55 Dungeons and Dragons
- 9:05 The Xtra Factor
- 10:00 Educating Joey Essex
- 11:00 The X Factor
- 12:00 The Xtra Factor

Dave

- 7:10 Rocket City Rednecks
- 8:00 Top Gear
- 9:00 Trawlermen
- 10:20 Extreme Fishing with Robson Green
- 11:20 Top Gear
- 1:00 Lizard Lick Towing
- 5:00 Top Gear
- 7:00 Extreme Fishing with Robson Green
- 8:00 Have I Got a Bit More News for You
- 9:00 8 Out of 10 Cats
- 10:00 Room 101
- 11:20 Mock the Week
- 12:00 Have I Got a Bit More News for You
- 12:55 8 Out of 10 Cats

4

- 7:05 British GT
- 7:30 Castle Howard Triathlon
- 8:30 National Paralympics Day
- 9:30 Sunday Brunch
- 12:30 George Clarke's Amazing Spaces
- 1:35 The Big Bang Theory
- 2:55 The Simpsons
- 3:25 Fool's Gold
- 5:35 Deal or No Deal
- 6:30 Channel 4 News
- 7:00 How Britain Worked
- 8:00 Time Team Special
- 9:00 Houdini
- 10:55 The Ugly Truth
- 12:45 NFL

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- 7:00 Seinfeld
- 8:00 Networks of Power
- 9:00 Friday Night Lights
- 10:00 Kingdom of Plants
- 11:00 The Making of Kingdom of..
- 12:00 Team Sky: Road to Glory
- 1:00 Urban Secrets
- 2:00 Anthony Bourdain: No Reservations
- 3:00 Blue Bloods
- 5:00 Without a Trace
- 8:00 Anthony Bourdain: No Reservations
- 9:00 Game of Thrones
- 10:15 Gomorra
- 11:20 Banshee
- 12:25 Mad Men

BT Sport

- 6:30 The Football's on
- 7:30 Aviva Premiership Rugby
- 12:00 The Clare Balding Show
- 1:00 Aviva Premiership Rugby
- 4:15 30 for 30
- 5:15 The Clare Balding Show
- 6:15 Sport in Focus
- 6:30 Major League Soccer
- 8:00 Live Brasileiro
- 10:00 Major League Soccer
- 12:00 The Football's on
- 1:00 Aviva Premiership Rugby

BT Sport 2

- 7:00 Classic Premier League
- 9:30 The Football's on
- 10:30 Sport in Focus
- 10:45 Wrc Classic - Greatest Drivers
- 11:45 Live GT Open Championship
- 1:15 BTSi: Last Week, This Week
- 1:30 WSL
- 4:15 Major League Soccer
- 5:45 The Football's on
- 6:45 BT Sport Films
- 7:15 Sport in Focus
- 7:30 Aviva Premiership Rugby
- 9:00 BTSP
- 9:30 GT Open Championship
- 10:30 UFC
- 1:30 Boxing All Access

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