

Farmer's Markets

Adeje

Calle Archajara, s/n,
in front of Makro
Saturday/Sunday 8am –
2pm / Wednesday 3pm – 7pm
Telephone: 922 775 200

Alcalá

Plaza de Llano
Monday 8am – 1pm
Telephone: 922 850 100

Arafo

Plaza San Juan Degollado
Thursday 8am – 1pm
Telephone: 922 511 711

Arico

Porís de Abona
Sunday 8am – 1pm
Telephone: 676 159 034

Arona

Valle San Lorenzo,
Carretera General 122
Monday/Friday 8am – 2pm
Telephone: 922 767 138

Buenavista del Norte

Plaza de San Sebastián
Opening times: Saturday
8.30am – 2pm
Telephone: 922 129 030

Candelaria

Wednesday 8am - 2pm
Next to council offices
Saturday 8am – 2pm.
Plaza del Centro Comercial
de Punta Larga
Telephone: 922 505 014

El Médano

Plaza Principal
Wednesday 8am – 2pm
Telephone: 922 759
966/62

El Rosario

Carretera General del
Norte, la Esperanza
Saturday/Sunday/festivals
8am – 4pm
Telephone: 922 010 160

El Sauzal

Hoya de la Vida, next to the
church, Ravelo
Friday/Saturday/Sunday
7.30am- 2pm
Telephone: 922 584 657

Güímar

Plaza del Ayuntamiento
Sunday 8am – 1pm
Telephone: 922 526 105

Icod de Los Vinos

Calle Key Muñoz 5
Monday/Friday 8am – 2pm
Telephone: 922 815 700 /
922 447 938

La Guancha

Carretera General TFS km
49
Saturday/Sunday 8am –
3pm
Telephone: 922 360 788

La Laguna

Plaza del Cristo
Tuesday/Thursday/Saturday
6am – 2pm
Telephone: 922 601 100 /
922 253 903

La Matanza de Acentejo

Ctra. General del Norte
Saturday 8am – 3pm,
Sunday 8am – 2pm
Telephone: 922 577 120

La Orotava

Calle Educadora Lucía
Mesa
Saturday 8am – 1.30pm
Telephone: 922 336 804 /
681 277 633

Los Realejos

Camino Viejo de San
Benito, Finca el Llano,
Realejo Alto
Saturday/Sunday 9am –
2pm
Telephone: 922 346 234

Los Silos

Plaza de la Luz, Los Silos
Sunday 9am – 2pm
Telephone: 922 840 004

Parque de la Reina – El Cho

Calle Infanta Elena, 32
(before Karting on right hand
side behind Titsa Depot)
8am – 3pm closed Mondays
Tel 922 076544

Playa de San Juan

Paseo El Bufadero
Wednesday 8am – 1pm
Telephone: 922 850 100

Puerto de la Cruz

Avenida Blas Pérez
González, 4
Wednesday to Saturday
8am – 2pm
Telephone: 922 386 158

San Isidro

Mercado del Agricultor de
Granadilla
Off the roundabout leading
to El Médano
Saturday/Sunday 8am –
2pm
Telephone: 922 759 966

San Miguel de Abona

P.I. Las Chafiras, San
Miguel de Abona, next to
the fire station
Saturday/Sunday 8am –
2pm
Wednesday 2pm – 7.30pm
Telephone: 922 735 386

Santa Cruz de Tenerife

Avenida José Manuel
Guimerá
Sunday 8am – 1pm
Telephone: 922 606 000

Santa Úrsula

Carretera General, near the
town hall
Saturday 8am – 1pm
Telephone: 922 301 640

Tegueste

Calle de Asuncionistas, 6
Saturday/Sunday 8.00am
– 2pm
Telephone: 922 316 100

Vilaflor

Plaza de Vilaflor
Monday to Thursday 8am
– 1pm
Telephone: 922 709 002

FARMER'S MARKETS

Island support!



We at *Island Connections* are sure in the knowledge that one of the best ways to help yourself, and the economy, is to buy locally – even if you are just visiting for a short time.

Canarian farmers harvest an extensive range of crops, which can be seen growing in the typical stepped-terrain farms around the Islands. Products range from tropical fruits, such as mangoes, to worldwide staples like lentils, potatoes and onions.

According to the agricultural group COAG-Canarias, prices of fresh fruits and vegetables differ greatly between the amount the farmers receive and the sale price in the supermarkets. For instance, towards the end of last year, small marrows, which the farmers were paid just €0.07/kilo for, retailed at €0.84, and leeks sold at €0.36 were passed onto the consumer for around €2.23 a kilo. Many of the prices don't even seem to cover the cost of production - and this is

when subsidies became necessary to keep farms from disappearing, which, like the hiked prices, also come out of our pockets.

Enter the farmers markets, where the grower can sell directly to the customer without an intermediary. They are dotted all over the Islands, with at least one in almost every town. They allow customers to purchase fresher, higher quality produce at cheaper prices, and the farmers receive a fair payment for their efforts. This enables them to maintain or raise the standard of their crops and uphold productivity levels – it's a win-win situation.

In these markets you will be sure to see a variety of seasonal products, as well as some local home-made delicacies such as preserves, honeys and Canarian goat's cheese. A selection of meats and fish can also be found among the stalls, along with an assortment of cakes, pastries and biscuits. Buy locally, eat healthily, pay fairly – this is one way we can all help each other.

So, to show our support of local farmers we are taking this timely opportunity to publish the details of the many farmers' markets around the island of Tenerife. Enjoy. ■



Gastronomic Market San Simón

Avenida Amsterdam, 2 | Los Cristianos | Tenerife | Phone 628 52 80 01

Chino & Sushi Bar

San Simón Basque cuisine

San Simón Wines

Bread corner

San Simón Butcher

San Simón Canarian cuisine

San Simón Wines

México Lindo

Live music

Dance room

Fish shop

Döner King Kebab