



## THE MOST BEAUTIFUL NATURAL POOLS

# A splash of autumnal bathing pleasure



Buenavista del Norte

By Sabine Virgin

Of course, autumn is a rather unusual term on the islands of eternal spring, nevertheless, there are also seasons in the Canary Islands, at least on the northern coasts.

One of the best bathing seasons on the archipelago is in the autumn, especially at this time of the year. Those who are not bound to school holidays will find optimal bathing conditions in September and October. The sun still shines

warmly, and although it is not quite so hot, the Atlantic waters have warmed up wonderfully during the summer and the best bathing spots are less overcrowded. Also for the Canarian residents, following the summer holidays, eve-



Charco Las Lajas

ryday life has already begun again and thus there is only time for a beach or bathing day during the weekends. However, although the Atlantic lures us with pleasant temperatures, it's possible that during the first days of the season, there may be higher waves and strong undercurrents. That's why the red flags can be seen flying occasionally on the beaches, forbidding bathing fun. An alternative could be the wonderful natural pools that are formed between the volcanic rocks on the Canarian coasts, offering safety and a particularly picturesque backdrop. However, even there, if the waves get too high it can be dangerous, but in calmer seas they are a real alternative, and

can be great for older people who maybe can't tolerate the waves very well or are afraid of losing their balance. So, simply explore the island, find some of the natural pools and discover some new favourite spots.

### A charming rocky coast at Buenavista

In the very north west of Tenerife, in the Isla Baja, you will find Buenavista del Norte which is famous for the Teno nature reserve, the golf course and its beautiful rugged coastline. About 500 metres west of the Playa de La Arena beach, right next to Playa de las Mujeres, there is a wonderful natural stone basin that even has a sandy bottom if you visit

before the first autumn storms. If you like, you could round off your visit with a cup of coffee in the idyllic Plaza or take a guided walk through the historical town centre. The next guided tours will be in German on October 9 at 11am and in English on October 18 at 5pm. If you know some Spanish, we recommend the next tour in Spanish on September 29 at 11am, which will be staged theatrically.

### Charco Las Lajas

Only about 20 kilometres further east, in San Juan de la Rambla, anyone who loves sunbathing will be able to find a secluded spot at Charco Las Lajas. There you can warm up in peace on the rocks, lizard-like, and enjoy the sun's rays. By the way, the animal counterparts cavort there in the same way and some proud specimens can be observed on the rocks. The Charco is located in the village and is well marked. Access is via some stone steps.

### Natural pool in El Pris

On the coast of Tacoronte, the beach of Mesa del Mar is especially known as a popular bathing spot. Those who visit it will

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